

## Sample Letter of Medical Necessity

**James Smith** has been under my care since **January 1, 2008**. **She** suffers from severe psoriasis over much of **his abdomen and on her legs**. My patient has been treated with numerous medications including, topical steroids, biological injections (Enbrel) and with ultraviolet lights in the clinic and has shown significant improvement utilizing ultraviolet (UV-B) therapy. My Patient's psoriasis has improved by over **50%** during the previous **6 weeks** of treatment with UV light. This treatment must be continued at least for the next **4 to 6** months with a frequency of **3 times** per week.

A home-based UV light device would be equally effective and offer positive economic benefits to both the patient and their insurance company due to the fact that my patient requires a minimum of **50** additional treatments at a phototherapy facility with each visit costing **\$75.00** or a general cost of **\$3700**. The lifetime cost of a Home UV unit (approx. \$4000) is more economical than a single 12-week course of biologic therapy (i.e. Enbrel /Humira) which general costs a patient's plan approximately \$20,000 and which will be a likely alternative treatment if home light is not a viable option.

As Psoriasis is usually a life-long condition which requires long-term maintenance to prevent future flare-ups, my patient will most likely require UV light treatment at home on an on-going maintenance schedule. The light device is FDA listed and has a similar effectiveness profile as the ultraviolet lights used in a psoriasis treatment center.

Therefore, I am recommending a National Biological **6-Foot Panosol 3D**, with Narrowband UVB lamps due to its ease of use, effectiveness and relative safety due to maximum exposure time coupled with its controlled timer where I can guide the patient's use through periodic visits in my office. I feel my patient is capable of operating the ultraviolet light box and staying within prescribed exposure times.

Sincerely,

**Patricia Jones, M.D.**