



Home Phototherapy Treatment Log

Please fill out this log to keep track of your phototherapy treatments and bring it with you to follow-up appointments with your doctor.

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Patient Name: _____

DATE	TREATMENT NUMBER	TIME	PINKNESS	CONDITION SEVERITY	COMMENTS
EXAMPLE 03-18-2024	1	1:10	0	5	No burn, slight itching after treatment

Pinkness Rating

- 0 = Not Pink
- 1 = Light Pink
- 2 = Medium Pink
- 3 = Dark Pink or Red

Disease Severity

Patients, please rate your skin condition on a scale of 0 - 10 where 0 is completely clear and 10 is the worst it has ever been.